/ Peturn to Adeline

M1972 Sat. Dec. 3, 19**7**0 Group IV, Westown

MR. NYLAND: When there is a little accumulation of different things, I do not know which one is the best to start with. You can theory Seems about that. If it is the first then it is important to me. If I finish with it, last, it may remain important for you. I have a little choice of course. I can repeat. I want to say certain things about preparation for new year. It has to do of course with Work. It has to do It has to do with life at the Barn and life in with us being hete. the activities. All in the forms of cooperation. All necessary for the maintenance of oneself, and in the second place, for one's inner life. Because that still remains number two in the mind and in the feeling of everybody. It's not necessary to mix it up and to pretend that one is holier than one is. One is extremely unconstious, and it remains that way for a long time. That we have meetings and that here and there you read and you sit and think and ponder, All that doesn't mean so much as yet. If you could look at your behavior over this year; and going minto 1971 and the 1970, the series which is practical application of Work in daily life with the emphasis on your feet, Mot on your brain and not on your feeling, Not even on your emotions. What are you doing? How do you spend your time? What is it that you want to think when you want to go and do certain things? What seems important to you?

We will talk mix a little later about Monday evening and about Brooklyn.

Thursday. I have impressions from it. Also mix from books. But that can wait a little bit. First, where are we at this point? You than can say a year older last christmas. And last Christmas we made

attempts to make a fund, to make something and sell it. And this year you may have been surprized, I have not mentioned it. You're free to do what you can. Do whatever you can to become independent. I mean by independence, in the first place of course, financial independence, Economic independence, & desire to stand on your own feet as it is called, to be able to utilized your talents to the best of your advantage in a terrible world which every once in while doesn't need your talekt at all. But you have to struggle in order to make a liveing and to make ends meet. Where you have during this year incurred added responsibilities, Where you may have burdens, or a house and rent and all the different things that go with it including mortgages, a responsibility for yourself particularly those now who moved into this neighborhood and we have now about hundred people who are here living for a purpose, let's say it's the Barn. Let's say it is the atmosphere. Let's say that they want to stay here because they are constantly stepped on their a toes. Who knows what the motivations are of the different people. Maybe there are some who have really selected to stay here because its so disagreeable. Or perhaps, they don't know how to get out of it. But at the same time they want to profit and it is not the right thing to give it up in mid stream. One has to see it through to the bitter end, Come what may, one wishes to conquer. I said once, Luctor at Amergo as the coat of arms of the province of Zaylond in Holland. That is fighting and a marriage of the sea a lion which comes up having reference of course to thefact that of Zayland there is just about four fifths of the country lower *** than the water level and the sea level, Knd the constant attention that has to be paid in order to keep it miximal dryems and to pump the water out. You may remember some photographs when it was intentionally

innundated in order to keep the Germans Λ going further across ΔH to England. And what it cost, because such salt water when it reaches what are called the polars and it is on it for some time, the salt out of the octan, out of the sea penetrates into the soil and it takes sewen years for the soil to be called normal again. That was the risk they took, And with that, after the war was over, they started to fight again, and at the present time they have again fertile soil. It was excellent soil, real clay soil, 2000 for all kind of vegetables, mostly potateoes. And they had to do without that for along time. #I only mention that as a group of people who under the influence of a common enemy were forced to protect themselves. If we could consider unconscious states or even Mother Earth, at certain times an enemy, Xf we could band together and forget our little details of suffering and really fight in order to escape the clutches of the Earth, Xf it were possible to understand an aim in that way and to see the necessity which of course is required. That is why it is a necessity that there is a bond of at fellowship of that kind wishing to exchange ideas and to see what one can do to help each other and to be peminded by someone else of the task that one has taken on when one became a little bit mature. that I say that that we hat is important is *kax your daily life, that you cannot neglect it. Of course you won't. But also, don't be too easy. Don't just live from day to day or from week to week.

There are two things that I would like to ask you, To consider it as a task: One is that you make an attempt for twenty-six weeks to put something aside of your weekly earnings. It deesn't matter what, but that it goes through your mind that you don't want to spend all your money, Even if the bills are very pressing. The second is of a little different kind of character. It is that you make and take stock of yourself and your financial situation, your obligations, your so-called

account payable. You can consider accounts receivable if someone owes you some money. But personally, I don't mean now activity. That goes without saying for an activity because one has to strike a balance But for yourself. You know what the Day of Atonement was. was a consideration at that day becoming oneness, remembering and then trying to smooth out all difficulties between the people who were his children. So that whenever there was any debt that it was at that time effaced, given, clearing the slate and then one could start I hope you will remember such things particularly when you have children and that the children may need every once in awhile a little money, And at the end of the year, you give the child, maybe grown up, maybe already in his and her youth teenagers, maybe more than that, that you give them a clean slate at the end of the year. All debts have been forgotten. Try to do that. Try to hold nothing against anyone and whenever they owe you, just forget it. They will continue to owe it to you. But you must have a feeling that if it were not paid, it is not your fault, but you have no right to judge anyone.

I say this because it goes through my mind many times how we try to maintain each other. Wou know of course that there is what I call a fund. And that out of such a fund every once in a while certain money is paid or given or loaned or sometimes if there is enough, as an investment. You have to praise the Lord that you don't have to go to a bank. If you are already in the clutches of such a bank, you know what it is to meet a note every month or every three months, and otherwise things would be confiscated, even cars on part time. You know how the difficult it is. But when you debt, how difficult is it to pay back the fund particularly when the fund does not ask you. And is not insistent. But I wished you would have a constience. Let me tell you

the fund does not really keep track of where the money goes. I'm a bad keeper of such funds. It's not that I really forget, but I do forget once in a while to write things up. Then I may even mix it. And then I forget who was it and I have to think and maybe sometimes my memory is short. So it is not at all from the standpoint of you are obit, for of course you are, but indebit to the Fund. No, it's your affair. I would like you to see how much you owe, including what you owe the fund, including what you owe your father and mother or some kind of scholarship, or an uncle, or a friend, or in some way or other that's a promisory note. It would be interesting to take stock of your financial condition. It is not that you can do very much about It is not of course that some good donar is there to wash it off the slate and to wash it away, Recause that would not really be fair under our conditions. You have incurred a debt and it has accumulated. You have the postponed . You may have been able to pay it Maybe not. Maybe it is very poor. Maybe it is just about impossible. Maybe you don't want to look at what you had to borrow, But look at it. It's not to your shame. / If there is a totality of money or energy or air available or water or Lake Superior when it is not polluted, you can drink from that kind of a fund as long, as it doesn't do any harm to anyone and then you can return it. Also without any interest, because the fund does not exist to make money. It wants distribution of energy. It wants to be there to be able to help. And its function is to help and to empty itself every time whenever it is possible, whenever And but you must understand that, that even when you borrow, you become part of the fund, and you will become partly responsible for such management. Because money comes in and flows out-It is not kept. I do not keep much of a bank account intentionally, because I want to have it available. If there is a little cash, it is

better because you never know how all of a sudden the particular state of the Union and the inflationary problems may form certain defficulties, that even if your bank is protected, member of the I.D.C.A or whatever the initials are, it mak take you months before you get your money. Don't trust, not even savings banks, I'm sorry to say that. It's better to put it in an old sock under your bed. In these times.

This is a task for you for the end of the year and you have this month to think about it, to make as it were, clean have ship. I say again you cannot do very much about it, but you have to realize and sit and ponder very much about what has taken place over this year. Or maybe even older than that. Will you face it. Like each person when he wishes to Work on himself has to face himself for whatever he is as he is. This is you with the debts with credits, with the accounts payable, with the accounts receivable. This is you with your relationship towards many people, partly for which you are responsible and partly have been in the hands of God or were hidden in his lap. Try to see yourself quite clearly. I would almost say, try to find out why I ask you to take on this kind of a task.

To Gurdjieff.

Saturday Night;

MR. NYLAND:>

a little bit of an idea of what all the different financial manipulations require. There is an enormous amount of money that has to be spent to help you, And it is sometimes because as a whole we can get a little better late. You know we do that sometimes with gas and oil, and sometimes telephone. You must never forget that that is then paid by the fund and

that it is due from you each month. You must consider such debts are not debts. They enable you to live cheaper and you have an obligation to the fund as a whole. You must never postpone was such payments. It is not right to we owe money within the family. I'm perfectly willing to efface it, but then the rest gets a little stunted and of course we will go gradually down hill. It requires a great deal of manifulation. for insurance alone, to give you just a figure, we have to may more than three thousand dollars a year. That is all Kind of insurances put at together of the different things in my name. But they have to be paid. It is not easy to live. And you have to realize what has to go out and what has to me come in and you must help. You must help me. You help the fund, You help the group by paying your nine percent. and these kind of arrangements. Nine percent is very small tithic to the church. And that you owe. And if you don't pay, it becomes a debt and you postpone it for another month and then there is added to it, No interest, But it is not right to continue to owe it. And this is at the address of the different people who have activities. If there is a good reason for it, I'll be the first one to understatnd itpon't worry about that. I do not wish to keep on asking for it all the time. Of course, the difficulty is money in general, and inflation, higher cost of liveng. But physical work and intelligent work is still paid at a higher price. Adjustments have been made and gradually there is market will gradualty adjust to inflation. Unfortunately because it spirals up and there is no end to it, but at least at certain times you can profit by it. So I don't feel sorry for you. don't wish to waste time. As long as you don't wish to hark to your old days, this was, and that was, and something else was, and that you liked, and that you didn't, and didn't do, and that you wanted to do

And that brings me really to what I wanted to say withmatx as a result of the listening to Monday and the Thursday groups. You are not simple. Your answers many times are still too long. The questions are also allowed to be too long, drawn out. They must be stopped. It is not a discussion of events of ordinary life. Even if xemxmax it sometimes may have a semblance of that perhaps it will lead to Work, and I listen, and I listen, and it never comes off. And there is no reference even to Work. There has to be reference and this applies to all the answers, Knd I say it again and again, Reference to the formation or the creation of an entity which we call "I," and which is objective and functions that way. It is a concept which in my opinion is absolutly essential to understand that. You can leave alone how it functions psychologically, Leave alone explanations of how it can function are very logical and clear. But what intricate business takes place in your brain, leave that alone, because you will not know it until you get through it and look back. Then you will realize what has taken place.

The purpose is the recquisition of self knowledge. Now let it be understood when someone asks, what are the results of Work on oneself, the answer is, knowledge of yourself. The Have you acquired by means of the efforts you made any further knowledge about what you are مراكر مرen that you behaved, also if it is possible in a flash of a moment to see that behavior and to have to accept the truth of that beliavior, because the results as results of observation in the sense that we mean it, means a seeing of myself as I really am. And the recording of such facts i possible continued and I've explained that hundreds and thousands of times. That that will give me something I call an 'I' and this 'I' being objective has a tremendous value compared to anything subjective in this world. That is why an 'l' and the pronunciation of it, the use of even that word, has to be with reverence. It is sometimes I've said that is created ar image of the Lord. If you know what the Lord is, if you know the menaing of *** prayer, ** Yf you know sometimes what a person wishes in establishing a contact with his inner life with that the what is higher so that then perhaps he can become spirited and more spiritual. This 'I' is of that quality, and when the little fellow who talked and called it a little guy at last Monday's meeting, I would have gotten up and slapped him in the face. And inspead of that one of the nucleus acknowledged it as a good kind of a pun or a joke.

Will I say what I want to say. Goddammit. I've talked to you holiness hundreds and thousands of times about the whole business and this kind of Work. What do you think we're engaged in? Just a little bit of a mish mash in an improvement of one's life on Earth so that you can live a little better and perhaps even lie better? The idea is the development of a man. The idea is that he can build a soul with which he can approach the Lord. If the Lord had no meaning for him, the 'I' will never have a meaning and the souls never will have a meaning. How often have I said, in trembling and in trepedation, in fear, one enters the

holyest of the holiest when one wishes really to Work and when there is a question about it, there has to be a level of this kind of Work, sometimes I say religious and perhaps not the usage of ordinary religious forms. But something that emotionally engages you in your inner life, As a value, the pearl of great price which has to be _____ that it has to be fought for. You have to sacrifice solometimes certain times certain things in order to be able to continue to live, Af your life is worth anything. And mm don't allow anyone to drage ideas like this down to the ground where they don't belong. It is most disgusting. Otherwise, please, don't have groups at all. It is far better mx not to talk about objectivity unless you can put it in the proper place in simplicity and for yourself, in earnest and sincerity and to tell also in simple words what you think and what you have felt, and as I say don't make it too long. And when someone has had a happy conversation of a few words, it's enough to say, very good, I like the answer, but don't keep on repeating it. Because the person will take that as if from now on everything he will say is God's word. It is just a little bit of a something where it happens to come out right, and it is fortunate. **** Thank the Lord it was right, at least in your opinion. But don't become an admiration society, Aatting each other a little bit too much on the back.

When I say it this way, you have work to do, if you have a group. You have work to establish a relationship in a nucleus when you answer questions. You have work to do when you want a little bit of a group to exchange, to find out where do other people live and to add to it what you know about your own life. It is serious matter, nothing to laugh about. Everyonce in a while, perhaps, a little humor maybe mixed with it, but not regarding work. That stays on a high level. That is like the Barn where you enter, you take your wooden shoes off and you

enter pure as pure as you can be. I know we don't do it. I know many times you stink. You still forget and no amount of me begging you and reminding you at times and to tell you about holies and what I consider sacred in one's life, like music sometimes can be and can sing, it can then be an indication of what is heaven, what it might be to be free from the bondage of Earth, what it is if you wish to describe a Soul as a purpose and an aim and an end of one's life on Earth, that then you are in fear before you dare to pronounce even the word God.

Keep your answers on a high level and don't allow people to keep on asking the same question. Stop them. When there is a long discussion about hysteria and emotional envolvement and all kind of things why they cannot, stop them. Tell them, that has nothing to do with Work. That's ordinary life. Settle it in ordinary life. Thousands of moments are there in your daily life when you're not engaged and when you can find movements to which you are not bound. Movements which happen to be there and already out of habit have nox further interest to you, and such movements you use for the purpose of wagnting to establish first a relationship between two centers, a section of your brain which you try to educate and help to become objection, and the fact of legs moving, your body moving, and then you add the third center as a wish to continue. / The wish is first wishing to create an 'I' to the best of your ability. Then the 'I' has a task and you ask God for life, for such 'I' to light up in your presence, to give you information about yourself, and you wish to continue with that process and then again you marshalf all your emotional energy together hoping then that there will be a triad of the three centers connected togenter for one aim the maintenance of something that is awake to you and can keep on telling you, reporting, like a helicopter in the

sky reports about the movement about traffic in the morning and the evening and warns you about the stalled car somewhere and you ought to take the ______instead of the Long Island Express.

That's an 'I' telling you at certain times about yourself, that you can profit because you have tokkep on moving and it tells you and gives you information as a result of an observation of your inner existence as life into the form in which your different manifestations shows its aliveness. Give such people a task, Either talk about the attempt you made really and where was this little 'I' that we talk about. Was there something life that that you could and when it is true and they say it, don't embrodder on it further. Don't ask further questions. When a thing is and said which is right essentially, don't explain it further. You cannot add anything to real experience. All you can say, yes. It is not necessary to answer questions in the way you do every once in a while. A simple statement is enough. When one person has made it, it's enough. LI remember Thursday, someone made a statement. It was not Work. But then there are three others afterwards who start to describe this little bit of hysteria and what fo do with it. I will tell you what to do with it. Throw it in the ashcan. For the time being don't * talk about your ordinary life when it is so excited and this and that and forgetful and full of emoditions and a lttle bit of feeling. That's just ordinary life. That is exactly the same as when I go out on the street and I look at so and so and I have a little judgment about the coat, that it is dirty. That's all it is. Work is when I'm by myself. Work is when sometimes I get a realization that I've said something, that I did something, that I forgot it, that I should have, that I didn't dare, that I sat and just

gobbled my food without knowing anything at all. That at times I allowed myself to just stare in apace and forget time and waste it. At times that I do know that how them with someone and isay how can I be like that and what is this prattle and nonsence talk $m{I}$ is that so much joy coming out of it, coming out of life, out of my mouth, or is it just that I man afraid, that I just want to pass the time, because I just don't want to create the wrong impression, and I make it even Why can't I shut up? Why can't I stand still and it move, come and collect, come to myself, see that. Use the word awareness. It's a word which is not thought as a process. It 🛰 a mental function. Use awareness for 'l' in a flash of a moment existing. Use the word awakening, a real self conscious state when this 'l' happens perhaps out of benevolence to wish to stary a little longer, because maybe there is something in that 'l' which wishes to help and when the attitude is right, it will try to setay . It is always you who was chases it away. The 'l' agiso when it has once enougen life will want peace. The little 'I' wants to tell in silence, in quiet atmospheres, in that what is really heart to heart talk, times when one wishes to let one's hair down, this is the process of observation of the acknowledgement of what one is really, and the truth which then is between 'I' and it. And the sayings to which one listens, and the simplicity to which one returns , and the enemies which are all the time flocking around trying to tell you by words _____that it is right to do something else and shows you! from the mountain all the temptations of the world.

Why can't you be simpler about what you really know, Why?

You must in these groups, try to remain honest. You have to be sincere that when something is not really right in accordance with your

opinion that you will say it in the right way with consideration that it cannot just enter brosgly, that your tone has to indicate that it has been well thought out and then reach the point as soon as you can. The first point that you know the acknowledgement of the level of the question and when the question is superficial, say so. I don't want to answer that question. It is not for me what should be a Work question. Can't you indicate what is Work for you? Let's all hear it so that then we have something to talk about. Work for each person is exactly the same. Experiences of ordingary life are exactly different. Work because of it's unknownness and because it has to do with maximum xxxxxxxx objectivity can be interpreted by each person's experience and gen give to the concept of objectivity a new value. There will# be a long time before you have exhausted the results of research and during that time you can add constantly new points, new properties, new aspects, new insight in the functioning of an 'l' regarding you as a person because one does not describe in the beginning your behavior, only life as it happens to be in you. When later you have a language which is then a common language between all of you it will be easier because then just the reference to a word observation opens up the concept in its true principle. But in the beginning you have to be careful that you don't overtalk, that you listen very well and that also you feel entitieled to say something and that also you are entitied to shut up and not to say anything. Add your little might to wahat it is, but don't become predominant. A group is a group for all the people. It is possible that sometimes the person may be a little down and may not be very much disposed. You can understand that . But allow such things, allow enough time for those who wish to sanswer to think how they will answer, Ao not become preposter Jous. Remain so simple that you are surprised yourself that you have dared to speak. The time between the end

of a question and the beginning of an answer is like a time of prayer.

It is for makes I listen to a question I try to formulate where to start,

What to say, its a question my mind goes up and down and where its

honest about it trying to find what is there that I can benestly uncover

or acknowledge as Work, as an attempt, as reality and when it isn't

there will I have the strength to stop it at the right time to tell it is hypocracy, to tell it's a lie, to tell it's hysteria, to tell it's

all blatant nonsence.

Because it will not do any harm to Work. It may do a little harm because maybe people will not always like you, but we're not on this Earth to be liked all the time. We want to be respected for our truthful/ness andof course seriousness but also for one's aliveness expressed in the wish to want to communciate what is of high value for youto the best of your knowledge and then to do it in such a way that if you can put a little of a spairitual value in it, and a little bit of a mixture of real emotion and understanding of God, a little bit of benevelence to wish to heap and a great deal of what belongs to Job, the acceptance of all conditions without pride. Then in the little intermezzo between the end of questions and the beginning of an answer you have said your prayer to God and he will help you to answer the question. [I will listen of course constantly to these meetings. I think they are of extreme value to you. So are the little greoups. They will form themselves and dissave and form again. It's quite right and don't worry about it. Keep on lobking for that what you wish to know and you want to find. You have a right to find it. You have a right in the nucleaus to answer such questions that are asked. You امران Your have a right to your own inner life. Whenever you anser, I wish you Weoold ask yourself, will this answer that I will try to give be good for my own inner life and development. Otherwise don't talk. You understand why I make it so difficult, because you will forget half of

what I Man saying. But if you remember half you will be a little more careful and I will assure you if you do that, if you pay attention to it, the level of a meeting will be somuch more rewarding that you will be able within a very short time to dismiss all kind of nonsensical questions. You run the risk of having reduction in the members of your group and that will be very good. Much of the space that is occupied by several of them is not worth it. But as long as there is some that remain supporting cells its quite right because, its a very good way of spending their money and even their time. But don't let it influence you in what you wish and thin about a meeting during the week and try to imagine how you might be, also rememberigh how you were, and how difficult it was answering so and so and that perhaps you didn't anser and perhaps you uncovered something that you're sure, maker and so mext week start. I have been thinking about mys anser to you and I would like to add a little more to it, perhaps it can help you. Let the nuclues begin. Let something come to that nucleus as a result of their after meeting, a form of coordination and unity, really a wish Qmong themselves and it is there more and more a I'm not denying that . I'm only trying to tell you that there are still a little bit of a Don't fall into them. Just avoid them. Of course keep on But keep on going with, # with common sense. And with an ability tonque to guide your time and to make it stop when you think the tongue has been active enough in making words.

Have a good weekend. Drink to a good weekend. Drink to solidarity among us and understanding.

Transcribed: Adeline Green /3/3
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